



Parental Alienation and Child Abuse Red Flags

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 First ACF edition: 19 September 2020 – Banner and outlay

About this questionnaire

This list has been compiled from information supplied by many Target Parents, rehabilitated Alienating Parties, and affected children, over a number of years.

In this questionnaire the following abbreviations are used:

AP – Alienating Party (or parties)

TP – Target Parent (or parties)

PA – Parental Alienation, also called Pathological Parenting, Child Abuse, Child Neglect and, more, depending on the jurisdiction

PAS Child – Pathological Alienation Sequent (or Sequela) Child - A child diagnosed with two or more psychological conditions resulting from the alienation. NB – The author does not approve the term “Syndrome” as used in the outdated Gardenian theory.

The AP will exhibit specific behaviours and signs, as well as different symptoms than those of the children and the TP.

The following examples of AP behaviour are called Red Flags. The more of these a parent exhibits or enacts, the higher the probability of PA occurring. Below is a list of over 190 most often used tactics to alienate children from a parent.

Some items hereunder may seem to be a repeat of a previous item.

Score	Indicator
YES 10 or more:	A score of 10 or more yes answers, is an indicator of PA.
YES 25 or more:	A score of 25 or more yes answers may be an indicator that the child is at serious risk serious alienation and all the proven consequences thereof, including high risk of psychological problems, personality disorders, self-harm, suicide, drug and substance abuse, criminal activity, etc.

It is suggested that the Sadistic Action indicator list be completed (with the help of a professional if possible) prior to this list. If said Sadistic Action list indicates a score of urgent action needed, this list can only be used as additional evidence.

Court Reference:

Court Name:		Court Reference Number:	
Case Name:			
Date of hearing:			

Parental Alienation Red Flags

Name(s) of child / ren:

Name(s) of suspected AP(s)

Name(s) of TP(s)

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Questionnaire completed by:

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Detail any Qualifications and any relationship to family below

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Assisted by:

	Status:
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Date Completed:

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Place:

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Red Flags		Yes	No	Sus-pect	Dont know
1	AP is impeding visitation, despite orders				
2	AP is stopping any contact with the children and the TP's extended family or friends who disagree with them (or not)				
3	AP is refusing visitation because the TP has been unable to afford the child support				
4	AP is refusing visitation because the TP has not made a payment				
5	AP continually not enforcing the visitation with the TP by claiming the children do not want to go (Barring no true abuse is truly going on, and using the excuse that they are not going to force the children to go see their other parent if they do not want to)				
6	During visitation/parenting times, the AP is constantly calling the house, to speak with the child/ren				
7	During visitation/parenting times, the AP is constantly calling the house and leaving nasty disruptive messages				
8	AP refuses to allow the child to take a pet on visitation with TP even though TP is happy and willing to accommodate the pet				
9	AP insist that the TP may only have access under supervision whilst no evidence exists that the TP is a risk to the child/ren				
10	AP is constantly rude, nasty, controlling and dictates when, where and what the TP can do with the kids during their time				
11	The AP will deliberately stop accidental contact between the child/ren and the TP i.e. at the shops				
12	AP deliberately organises 'activities' for the children during the TP's visitation time i.e. parties, outings and social gatherings				
13	The AP waits until the last minute to inform the TP of changes to visitation times or location				
14	The AP will feel it is their right to arrive with the children late for visitation but insist the children MUST be returned exactly on time				
15	The AP choose to pay others to provide childcare and not utilise the TP even if it would be more suitable for children and TP				
16	The AP claim the child is too sick to visit or see the TP				
17	The AP avoids, at all costs, using a public, neutral drop-off/pick-up location				
18	AP refusing to allow child to bid TP goodbye after visitation and frowning on giving any affection by child shown in front of AP				
19	The AP makes the child/ren feel guilty for ever wanting to be with the TP rather than attend an event the AP has organised to happen during TP visitation time.				
20	AP refuses child/ren's request to spend extra time with the TP, even when this time is for a one-off special occasion				
21	AP is impeding communication with the child/ren				
22	AP preventing the child/ren from contacting the TP by limiting access to a phone, changing their phone number, refusing to allow them to accept calls, refusing to allow them to make phone calls or lying and claiming the children are not home or are asleep				
23	AP preventing the child/ren from contacting the TP by limiting access to computer, tablet or phone to text, message, email or skype etc.				
24	AP refuses to pick up the telephone when the child is calling from the TP's residence				
25	The AP ensure that the child is monitored during video or audio access				
26	AP hanging up the telephone if discussions do not follow "their" agenda				
27	AP ending video session if discussions or what is seen do not follow "their" agenda				
28	When the child is allowed to speak to the TP on the telephone the AP will oversee the call, instructing the child on what to say and how to respond to the TP and force the end of the call if either child or TP fail to conduct the call as the AP deems appropriate				
29	AP insist that when the child is with the TP that they have the 'right' to excessive telephone or video contact with the child, yet allow the TP to have little to no telephone or video contact				

Red Flags		Yes	No	Sus-pect	Dont know
30	AP deliberately changes the telephone number and maintaining a 'silent' number without notifying the TP or providing the TP with the number.				
31	AP refuses to allow child to give gifts/notes/paintings/letters to TP, new partner, children or extended family.				
32	AP not allowing the children to have photos of or objects provided by the TP in the house.				
33	The AP destroys any gifts, photo's etc. should the child bring them home.				
34	The AP compel the child to return letters, gifts, etc. unopened to the TP				
35	When the child receives gifts from the TP and takes them home to show the AP, the AP refuses to allow the child to take them back to the TP's house or keep them				
36	AP personally refuses gifts from the TP and his family, actually making the children return them saying they are no good or cheap or useless and so on				
37	AP will deliberately condemn the TP's gifts or purposely purchase them ahead of the TP so that the TP's gift is meaningless				
38	AP is believing that they are above the law, and that all orders/laws were made for everyone else but them				
39	AP is impeding any court orders, including access, counselling- or mediation orders				
40	AP encourages the child to support them in their unfounded allegations against the TP despite obvious evidence disputing claims made by AP and child/ren				
41	AP has forged, altered or tampered with official documentation to further his or her own case				
42	AP has deliberately misled, lied or concealed information or evidence to further his or her own case				
43	AP has attempted to bribe officials, specialists and professionals to act / report in the favour of AP even when there is evidence to the contrary				
44	The AP attempts to bribe, extort or threaten the TP into signing court documents that will exclude the TP from the child's life or enhance the AP's position.				
45	AP makes accusations of abuse against TP's consequent children or children of new partner				
46	AP makes accusations of abuse against TP's new partner				
47	AP makes accusations of abuse against TP's extended family				
48	The AP claiming the TP is victimizing, stalking, abusing, and harassing them to the point of actually involving the police. Filing of false allegations of abuse, making false and repeatedly harassing complaints to child protective agencies, police and others so as to constantly put the TP under attack and investigation				
49	The AP encouraging the child to support the AP to lie to authorities on how they are treated when with the TP even though there is no evidence of poor treatment, but just the reverse				
50	AP is denigrating the TP in front of anyone who will listen, including the children, as well as calling the TP or step-parent derogatory names in front of the child				
51	The AP tells the child that 'they hope they will be OK when with the TP, that they shouldn't need to go to hospital, etc. thus creating an image of fear for the child when with the TP				
52	The AP told the child they can't see the TP because they are behind in their child support payments				
53	AP accuses TP of neglecting the child/ren				
54	AP accuses TP of stealing items the child has lost				
55	AP is filing allegations of abuse while constantly dragging the TP into court for child support or alimony or other reason. (Note: A truly abused individual wants to have nothing to do with the abuser, making face-to-face confrontation is out of the question)				
56	On days that TP is in a public place the AP shows up to either push, swear at or just intimidate them or the step parent in front of the child				
57	AP inflicts injury to the child that can be blamed on the TP				
58	AP has submitted false and misleading statements to the police about the TP and their family that that AP knew in advance to be false and misleading				

Red Flags		Yes	No	Sus- pect	Dont know
59	AP has physically assaulted the TP in the presence of the child				
60	The AP has expressed a desire for the TP and other family members / friends associated with the TP to suffer some major mishap or injury				
61	The AP has expressed opinion that the TP should commit suicide				
62	The AP has expressed a desire for the TP to be dead, die or be killed, or severely injured				
63	The AP has invited the TP to a celebration of the separation, divorce or a new partner				
64	AP allows a person contact with the child contrary to the TP's wishes especially when the TP has reasonable grounds for their concern, i.e. domestic violence, previously proven abuse				
65	AP have history of self-harm or attempted suicide				
66	AP declared that he/she will go through any means to prevent access				
67	AP declared to the TP, family or friends that the AP would rather see the children dead than in the care of the TP				
68	AP actively damages e.g. cutting, tearing or staining; clothing provided for the child by the TP				
69	AP is grilling the children about their visit, asking the children to spy or collect evidence				
70	AP makes statements of constant hatred and vengeance about the ex-spouse				
71	AP continually referring to the child as their own children and not the TP's				
72	The AP is making the child feel emotional responsible for the AP's happiness so that the child is as protective as an adult might be towards a young child				
73	AP shaves off the child's hair when the cut is provided by the TP stating that the cut is bad and the hair ruined				
74	The AP is lying or even involving the child in the divorce or other Court proceedings regarding the custody or child support issues				
75	The AP makes the child feel uneasy about talking to their therapist or other official person				
76	The AP coaches the child to call the TP by his/her first name; instead of Daddy or Mommy				
77	The AP claim the TP is not capable of parenting the child "properly"				
78	The AP Causes the child to feel guilt about wanting to see the TP				
79	Telling the child that "Something" may happen to the AP whilst the child is with the TP				
80	AP tells the child in a deliberately malicious and vindictive manner that a behaviour the child is/has done is similar to the TP				
81	AP will excessively emphasize the physical and facial features that are similar to the AP and associated family and ignore or deny features associated with the TP				
82	AP has attempted to or actually assisted the child to write bad letters / notes or to deliver same to the TP				
83	AP will attend TP's family functions without prior invite despite 'knowing' that their behaviour will be viewed negatively; the AP will use this negativity to inform the children of the TP's family's hatred of them				
84	AP told the child about intimate details pertaining to the marriage, which are inappropriate and done in a way to deliberately cause distress to the child				
85	AP coaching, threatening or intimidating the child to remain silent about incidents the child has witnesses that do not support the AP				
86	AP told the child that the TP does not love him or her that the TP never wanted the child to be born				
87	AP deliberately causes discord and/or alienation between siblings when one supports the AP and the other the TP				
88	AP threatening or punishing the child for saying positive things about the TP				
89	AP declare hate towards the TP in the presence of the child/ren				
90	AP has displayed anger / verbal abuse concerning the TP in front of the child or third party				

Red Flags		Yes	No	Sus-pect	Dont know
91	AP is unjustly rude and refuses to work co-operatively with the new partner of the TP for the benefit of the child				
92	AP coaches the children, by example or otherwise to be rude, nasty, controlling towards the TP				
93	AP contacts TP's extended family in presence of child/ren to make false allegations of abuse/neglect/PA				
94	AP discussing and involving the children in court, child support and other legal matters, which they should not be involved in				
95	AP insisting that the children call the new partner (or in some cases, any third party) in the AP's life "Mom" or "Dad"				
96	AP escalating the alienating behaviour if the TP commences a new relationship				
97	AP insisting that the children NEVER call a step-parent "mom" or "dad"				
98	The AP Lies to the children about the separation/divorce including by giving details that are 'obviously' untrue which deliberately impede the child's ability to love the other parent, i.e. "Dad/Mom spends all his/her money on his/her girlfriends/boyfriend so I can't afford to let you go to camp"				
99	The AP involves the children in all the aspects of the separation, divorce and ongoing legalities whilst claiming the child has the 'right' to know what is happening				
100	AP blames TP and new partner for stealing home, food, resources from the AP and child/ren				
101	AP ignores the child/ren when they discuss activities with the TP				
102	AP becomes angered when the child/ren discuss activities with the TP				
103	AP becomes angered when the child/ren express a desire to see/phone the TP				
104	AP becomes angered when child/ren engage in Mother's/Father's day activities at school which are focused on the TP				
105	AP informs child/ren that TP is happier without them				
106	AP informs child/ren that TP does not love them anymore, is never going to see them again, does not want them any more				
107	AP tells the child in a deliberately malicious and vindictive manner that a behaviour the child is / has done is similar to the TP				
108	AP accuses the child/ren of causing rifts/separation in the marriage				
109	AP informs child/ren that TP is leaving them. rather than the marriage or the AP				
110	AP accuses the TP of infidelity in earshot of the child/ren				
111	AP accuses TP of displaying affection to child/ren for ulterior motive				
112	AP removing money placed in the child's bank account by the TP and not allowing the child to spend it or has not spent it on the child				
113	AP accuses TP of PA behaviours				
114	AP denigrates new partner or partner's children to PAS children				
115	AP insists that the TP's extended family is not the children's "real family" or that they are no good				
116	AP tells the child/ren that they have been replaced by the TP's new partner.				
117	AP tells the child/ren that they have been replaced by children born to the TP and any new partner, whether or not children have been born				
118	AP tells the child/ren that they have been replaced by the TP's new partner's child/ren and that they are therefore not wanted or loved by the TP				
119	AP denigrates all statements, answers, discipline and activities of the TP with regard to their child/ren				
120	AP frequently suggests to the child/ren that the TP and/or new partner will do harm to the child/ren				
121	AP allows the child to undertake activities after separation from TP, which were previously refused and blames the TP for denying the child such activities				
122	AP refuses to allow the child/ren time alone with other adults or children				
123	AP refuses to allow children to attend sleepovers with friends accusing friend's parents of abuse				

Red Flags	Yes	No	Sus-pect	Dont know
124 AP refuses to allow sleepovers stating that they “do not want the children to see how others live” etc.				
125 AP frequently tells the child/ren that TP is dangerous and will harm them, has mental health problems etc. creating a fear of the TP				
126 AP informs the child/ren that the TP has a criminal record for harming children				
127 AP informs the child/ren that they were unwanted by the TP and that the TP insisted that pregnancy be terminated				
128 AP insists that TP’s family never accepted the AP or the children and insisted that the pregnancy/ies. be terminated				
129 AP blames TP for poor food quality, housing quality and/or availability of funds even where child support is paid and/or AP contact is minimal				
130 AP removes and destroys any items sent to the child/ren through an outside facility (ie. School, grandparent); this usually occurs on leaving the facility and appearing publicly to accept the items for the child				
131 AP actively destroys and discards any gifts or letters that the child/ren do see				
132 AP insists that the child/ren refer to TP using only a derogatory term (i.e. Bastard or Bitch)				
133 AP presents school teachers/principals with falsified documents/letters from practitioners or the AP				
134 AP sells or pawns the TP’s personal and private belongings citing financial hardship to the child/ren				
135 AP pawns or returns to the retailer, gifts from TP citing financial hardship to the children				
136 AP takes every opportunity to belittle the TP, in the presence of the child/ren, when seeking assistance from welfare agencies and providers				
137 AP purchases personal luxuries whilst denying children essentials and blaming TP for financial hardship				
138 AP has deliberately moved without providing TP details prior to the move				
139 AP is refusing to disclose their home address				
140 AP moving the children away from the TP they once had a loving relationship with, and thus making visitation and a relationship next to impossible				
141 The AP changes the child’s surname without asking or notifying the TP				
142 AP refusing to allow the child to participate in weekend sporting / developmental classes as the TP would be present during the child’s attendance for part/half of the time				
143 The AP attempts or succeeds in changing the child’s religion				
144 AP removes child from school and relocates child without cause if the child expressed a desire for contact with TP				
145 AP writes letters ‘on behalf’ of the child/ren Falsely claiming that the child/ren have had input				
146 AP demanding the TP pay for extra costs associated with child rearing, i.e. orthodontic work				
147 AP informing the child that they cannot have orthodontic braces or other essentials because the TP won’t pay for it				
148 AP has refused to share prescribed medication for the child with the TP during access				
149 AP demands medical intervention for minor illnesses i.e. demanding antibiotics for colds and play injuries: AP refuses reasonably required medical treatment where the TP has sought review for a serious medical condition, which impairs the child or causes them to suffer				
150 AP refused to provide the child for DNA testing when requested to do so				
151 AP has refused or failed to provide mental health support for the child when there is reasonable evidence to support the child needs and would benefit from mental health intervention				
152 The child undergoes or has undergone unnecessary surgical procedures without the prior knowledge or consent of the TP when there is evidence supporting the TP’s position				
153 Previous evidence that the AP experienced anger management issues				

Red Flags	Yes	No	Suspect	Dont know
154 The AP refuses to allow the TP any contact with ‘Professionals’ who are in support of the TP				
155 AP will not allow the child/ren to undergo any medical or psychological assessment without being present				
156 AP denies essential medical care or treatment on the basis of financial hardship caused by TP				
157 AP consumes drugs, cigarettes, or alcohol and blaming TP for addictions				
158 AP does not comply with appropriate medical advice from practitioners who are not sympathetic to their cause				
159 AP refuses to provide TP with vital medical information thereby impeding the child/ren s medical well-being				
160 AP refuses to notify TP of identified allergies				
161 AP refuses to notify TP of medical concerns or treatments for child/ren				
162 AP refuses the TP to comfort the child when injured in play				
163 AP refuses the TP to care for the young child while the child is hospitalised				
164 AP undertakes “doctor shopping” until a practitioner sympathetic to their cause is found				
165 AP demands that the TP be subjected to and accept blame for any injury incurred by the child however minor and natural in the course of life				
166 AP refuses to supply or keep the TP in the loop on medical issues, educational issues, events pertaining to the child/ren and so on				
167 The AP will not provide any information to the TP about the children’s day-to-day activities but will insist on knowing exactly what the TP will be doing with the children whilst they are with the TP				
168 AP is blocking access to school records and meetings and events				
169 AP inhibit the the TP from assisting the child/rem with school homework				
170 The AP deliberately avoiding children’s activities i.e. school events as the TP may be there				
171 The AP not allowing the children to participate in activities, where they may come into contact with children associated with the TP				
172 AP refuses to send the child to school for events when the AP becomes aware that the TP will be attending				
173 The AP will instruct the school that the TP is not to be trusted, inferring or clearly stating that the TP has lied to others about the AP and children, including putting notes in school files about not allowing contact or pick up by TP				
174 The AP, if cornered about providing TP’s information for school records, Protective Services or any other official, the AP will give false or misleading information				
175 The AP has removed pages from a child’s classroom journal that fail to support AP’s ideology and/or support to the TP				
176 The AP is totally controlling the children’s social life				
177 The AP becoming overly involved with the children’s activities i.e. cub leader, parent support worker so that they are constantly with the children and keep the other parent from attending these activities				
178 AP becomes angered when child expresses desire for contact with TP to school teachers/mates/colleagues				
179 Poor family support network for the AP or a family network that supports or encourages the AP's behaviour				
180 The AP refuse to communicate via SMS, email or letter as to do so will provide evidence in the form of a paper trail of their activities				
181 AP interrogating the Child (or young Adult) after each visit				
182 AP pretending to encourage the Child (or young Adult) to visit TP whilst deeply confiding in the Child (or young Adult) about their feelings about TP				
183 AP encouraging the Child (or young Adult) to have an unhealthy dependence on them				
184 AP keeping TP name off medical, academic, and other relevant documents				
185 AP demanding that the Child (or young Adult) chooses sides				

Red Flags	Yes	No	Sus- pect	Don't know
186 AP threatening Child with withdrawal of love				
187 AP threatening Child with withdrawal of love				
188 AP coercing Child (or young Adult) to keep secrets from the TP				
189 AP cultivating dependency/undermining TP authority				
190 AP encouraging the Child (or young Adult) to be defiant towards the TP				
191 AP emotionally clinging to the Child (or young Adult) at handovers				
192 AP tells Child (or young Adult) when TP buys them a gift that they are only trying to buy their love				
193 AP tells Child (or young Adult) that the TP only wants them for money				

Summary

Total Yes:

Total No:

Total Suspect:

Total Don't know:

Signature:

Status

-oOo-