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<p>Revision 1 – Minor additions, Spelling, Grammar and Banner –</p>	<p>Version 1 – for PAAA= 28 February 2011 Andries van Tonder 4 March 2021</p>

## Parental alienation: Using the “17 Strategies”

The 17 strategies are used in 5 main categories –

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| <ul style="list-style-type: none"> <li>• Isolation,</li> <li>• Fear,</li> <li>• Undermining authority,</li> </ul> | <ul style="list-style-type: none"> <li>• Reprogramming, indoctrinating, erasing memories and</li> <li>• Encouraging betrayal.</li> </ul> |
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This is used as an ultimate tool to persuade the target parent(s) to abandon the child.

## Explaining:

### Isolation

Will result in -

- unexplained school absenteeism
- Other activities scheduled at short notice during access/parenting time with target parent(s)
- Changing residence, usually far from the target parent(s)
- Blocking or prohibiting absent parent, video or audio access
- Relocating kids to an unknown destination that is not with the alienating party
- Obtaining court order to prevent the target parent to come near the child at school, church or more

The goal is to force the child to be emotionally dependant on the alienating party and to eliminate any factor that can undermine it.

### Fear

This is one of the most used tactics in order to create and enforce emotional dependency and justify the ongoing hostile environment.

The alienating party will be -

- Indoctrinating the child – that the target parent(s)’ residence is dangerous
- Brainwashing the child to confirm the fear of the target parent(s)

- Reminding the child in subtle ways of previous abuse that the child does not know about or remember
- Exposing the child to disparaging of the target parent(s)
- Exposing the child to situations where the abuse of others can be overheard
- Initiating sudden moves with the child to a “safe house”, telling the child it is for its protection
- Making false reports of abuse, neglect or other offences to the authorities

## **Undermining authority**

One of the main reasons that PAS children become social outcasts, criminals, addicts and more, is that they grew up in a home that had no rules.

In a normal household, a child has to obey the rules and authority of their parents. Homework, chores, rules, personal hygiene, respect and more. To gain the favour of the child, all these are ignored in the household of the alienator.

Coercing disrespect of the target parent(s) into the child also cause disrespect of other adults in general. Morals are also a victim.

### **In summary:**

- The child is taught to dehumanise the target parent(s)
- Disrespect property of the target parent(s) eg. toys, pets, appliances furniture and more.
- Minimal or no chores, rules, morals and respect.
- Buying the child with gifts, privileges, holidays, allowances and more than what the target parent(s) can afford.
- Disturb or inhibit access and parenting time. E.g. phone calls, new toy to distract the child during access.
- Oppose any act of the target parent(s) that opposes the acts of the alienator or the comfort of the child.
- Rename the target parent(s) and encourage the child to do the same. Usually, the words Mother or Father disappear, calling them by the first name or by a pet name or insulting name.

## **Reprogramming, indoctrinating, erasing memories**

This is a very effective tactic used by alienators and can have a life-long negative effect on the child. This is also grounds for a criminal charge of reckless endangerment of the child and will have life long effects on the victim.

### **In summary:**

- The child is reprogrammed to see the target parent(s) in a completely different light
- All the “good memories” are erased

- New fabricated memories are implanted in the child
- Any item that may remind the child of a good memory is removed or refused.

The brain of the child is literally “rewired” and the “existing wiring” is erased

## **Encouraging betrayal.**

This is usually the final tool and used to build on the previous 4 categories and follow on the success thereof.

After success in this final category, the target parent(s) may be eliminated permanently in the child’s life and the alienator will celebrate its success.

### **Some of the tactics employed-**

- Discuss court aspects with the child
- Give the child access to court documents, letters and other information
- Tell the child it is the target parent(s) fault or neglect that caused the situation
- Continuous disparaging of the target parent(s), specifically in group discussions
- If there is still contact with the target parent(s) the child is encouraged to -
  - spy on them
  - keep secrets from them
  - remind them how bad they are
  - gaslight
  - lie to them
  - act as a messenger
- If there is no contact with the target parent(s) the child is lied to -
  - that the target parent(s) are not interested in them
  - that the target parent(s) forgot special days
  - that the target parent(s) does not pay maintenance
- and much more